



## Athletic Performance Coach - AFLW

### (Part-time, Contract role)

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The Gold Coast SUNS AFL Women's (AFLW) program is looking to fill a high-performance role providing elite physical preparation for the athletes involved in the AFLW program. This part-time, contracted role for the AFLW Program will consist of changing hours per week, dependent on the phase of the season.

***The Athletic Performance Coach will be responsible for:***

- Leading the AFLW high performance program which includes strength & conditioning, program planning and delivery (with a focus on training dosage both individually & collectively)
- Overseeing all testing including physiological, training and performance based
- Developing training programs based on current research and practice in elite female sport
- Ensuring accurate and comprehensive files of player training records is entered into relevant club databases in a timely manner
- Assisting with data collection and recording of relevant Sport Science data, i.e. GPS
- Facilitate the wellness monitoring of players
- High performance support (warm-up, recovery, GPS, nutrition, hydration) at trainings and match days
- Coordinating and implementing post-match recovery sessions
- Working collaboratively with other departments and medical providers to provide the club with the most available players (preparation & rehabilitation)
- Facilitating rehabilitation support for listed players under guidance from the Physiotherapist – AFLW Lead
- Developing relationships with venue and facility stakeholders

***The ideal candidate will have:***

- Relevant tertiary qualification in Human Movement or Sports Science;
- Experience in a similar role working in a high-pressure elite sporting environment;
- A strong personal brand, including ability to display integrity and a commitment to professionalism and accountability;
- An understanding of the AFL/AFLW player rules and regulations;
- A team focus and the ability to contribute to team goals;

- Flexible and adaptable with the ability to work outside of business hours.
- A commitment to learning & development – and a willingness to assist build a continuous improvement culture.

If you think you've got what it takes to join our team, please send a detailed cover letter addressing the criteria for the role and your CV to [recruitment@goldcoastfc.com.au](mailto:recruitment@goldcoastfc.com.au).

Position closes 5pm on Wednesday 3<sup>rd</sup> April.